

NAIA WOMEN'S OUTDOOR TRACK AND FIELD

Updated 7/21/09

CHAMPIONSHIP HISTORY

| YEAR | SITE | CHAMPION | POINTS | RUNNER-UP | POINTS |
|------|--------------------------|----------------------------|--------|----------------------------|--------|
| 1981 | Houston, Texas | Texas Southern | 115.5 | Prairie View A&M (Texas) | 68 |
| 1982 | Charleston, W.Va. | Prairie View A&M (Texas) | 117 | Adams State (Colo.) | 73 |
| 1983 | Charleston, W.Va. | Prairie View A&M (Texas) | 119 | Hampton Institute (Va.) | 90 |
| 1984 | Charleston, W.Va. | Prairie View A&M (Texas) | 100 | Adams State (Colo.) | 83 |
| 1985 | Hillsdale, Mich. | Prairie View A&M (Texas) | 109 | Adams State (Colo.) | 63.5 |
| 1986 | Russellville, Ark. | Prairie View A&M (Texas) | 117 | Wayland Baptist (Texas) | 110 |
| 1987 | Russellville, Ark. | Prairie View A&M (Texas) | 144 | Wayland Baptist (Texas) | 86 |
| 1988 | Azusa, Calif. | Prairie View A&M (Texas) | 93 | Wayland Baptist (Texas) | 82 |
| 1989 | Azusa, Calif. | Prairie View A&M (Texas) | 109 | Arkansas-Pine Bluff | 50 |
| | | | | Concordia (Neb.) | 50 |
| 1990 | Stephenville, Texas | Prairie View A&M (Texas) | 103 | Vacant | - |
| 1991 | Stephenville, Texas | Central State (Ohio) | 115 | Simon Fraser (B.C.) | 81 |
| 1992 | Abbotsford, B.C. | Central State (Ohio) | 140 | Simon Fraser (B.C.) | 125.5 |
| 1993 | Abbotsford, B.C. | Central State (Ohio) | 132 | Simon Fraser (B.C.) | 116 |
| 1994 | Azusa, Calif. | Central State (Ohio) | 96 | Doane (Neb.) | 71 |
| 1995 | Azusa, Calif. | Southern-New Orleans (La.) | 104.33 | Central State (Ohio) | 103 |
| 1996 | Marietta, Ga. | Central State (Ohio) | 108 | Azusa Pacific (Calif.) | 65.5 |
| 1997 | Marietta, Ga. | Southern-New Orleans (La.) | 80 | Mary (N.D.) | 64 |
| 1998 | Tulsa, Okla. | Simon Fraser (B.C.) | 84 | Mary (N.D.) | 62 |
| 1999 | Palm Beach Gardens, Fla. | McKendree (Ill.) | 127 | Life (Ga.) | 72 |
| 2000 | Abbotsford, B.C. | Life (Ga.) | 156 | McKendree (Ill.) | 108 |
| 2001 | Abbotsford, B.C. | Doane (Neb.) | 59 | Central State (Ohio) (3rd) | 56 |
| | | Life (Ga.) | 59 | | |
| 2002 | Olathe, Kan. | Doane (Neb.) | 67 | Azusa Pacific (Calif.) | 60 |
| 2003 | Olathe, Kan. | Azusa Pacific (Calif.) | 86 | Lindenwood (Mo.) | 78 |
| 2004 | Louisville, Ky. | Azusa Pacific (Calif.) | 104 | Lindenwood (Mo.) | 76 |
| 2005 | Louisville, Ky. | Simon Fraser (B.C.) | 79.5 | Oklahoma Baptist | 64 |
| 2006 | Fresno, Calif. | Missouri Baptist | 126 | Azusa Pacific (Calif.) | 79 |
| 2007 | Fresno, Calif. | Azusa Pacific (Calif.) | 73 | Cedarville (OH) | 58 |
| 2008 | Edwardsville, Ill. | Wayland Baptist (Texas) | 80 | Simon Fraser (B.C.) | 69 |
| 2009 | Edwardsville, Ill. | Wayland Baptist (Texas) | 102 | Oklahoma Baptist | 58 |

MEET RECORDS

METERS

100-Meter Dash

Vida Nsiah, Central State (Ohio), 2001, 11.37

200-Meter Dash

Beverly Grant, Central State (Ohio), 1996, 23.24

400-Meter Dash

Fatima Yusuf, Azusa Pacific (Calif.), 1996, 51.44

800-Meter Run

Brit McRoberts, Simon Fraser (B.C.), 1986, 2:03.89

1500-Meter Run

Sarah Howell, Simon Fraser (B.C.), 1992, 4:16.56

3000-Meter Run

Sarah Howell, Simon Fraser (B.C.), 1992, 9:13.20

5000-Meter Run

Alissa McKaig, Indiana Tech, 2008, 16:39.04

10,000-Meter Run

Alissa McKaig, Indiana Tech, 2008, 34:22.95

Marathon

Amber Anderson, Midland Lutheran (Neb.), 1992, 2:49.14

100-Meter Hurdles

Davetta Shepherd, Lindenwood (Mo.), 2004, 13.33

400-Meter Hurdles

Deon Hemmings, Central State (Ohio), 1993, 55.14

3000 Meter Race Walk

Sarah Stevenson, Olivet Nazarene (Ill.), 2000, 12:39.62

3000-Meter Steeplechase

Justyna Mudy, Shorter (Ga.), 2009, 10:12.31

4x100-Meter Relay

Central State (Ohio) (Bridgette Edwards, Beverly Grant, Audrea Sterling, Catherine Pomales), 1994, 44.32

Sprint Medley Relay

Prairie View A&M (Texas) (Lynn Gamble, Loretta Edwards, Casandra Graham, Easter Gabriel), 1982, 1:39.32

4x400-Meter Relay

Southern-New Orleans (La.) (Sevetheda Fynes, Winsome Cole, Lesakay Morgridge, Shermaine McKenzie), 1994, 3:33.96

4x800-Meter Relay

Simon Fraser (B.C.) (Alexandra Krasovska, Kristen Kolstad, Rebecca Johnstone, Julia Howard), 2005 8:43.99

FIELD EVENTS

High Jump

Latrese Johnson, Azusa Pacific (Calif.), 1991, 1.89 (6-2 ¼)

Pole Vault

Lesa Kubishta, Point Loma Nazarene (Calif.), 2000, 4.16 (13-07)

Long Jump

Ruky Abdulai, Simon Fraser (B.C.), 2007, 6.70 (21-11 ¾)

Triple Jump

Yvette French, Prairie View A&M (Texas), 1997, 13.30 (43-07 ¾)

Shot Put

Vivian Chukwuemeka, Azusa Pacific (Calif.), 2002, 18.17 (59-7 ½)

Discus

Annie Hess, Concordia (Ore.), 2008, 58.69 (192-07)

Hammer Throw

Aubrey Baxter, Black Hills State (S.D.), 2009, 61.48 (201-8)

Javelin (Old Javelin – Different Design)

Barb Lashinski, Whitworth (Wash.), 1987, 51.68 (169-7)

Javelin (New Javelin – Different Design)

Liz Gleadle, British Columbia, 2009, 54.31 (178-2)

Heptathlon

Kim Vanderhoek, Simon Fraser (B.C.), 1992, 5626

HEPTATHLON EVENT RECORDS

100 Hurdles

13.94, Nadina Marsh, Missouri Baptist, 2006

High Jump

1.80 (5-10 ¾), Natasha Miller, Biola (Calif.), 2009

1.79 (5-10 ½), Kim Vanderhoek, Simon Fraser (B.C.), 1992

Shot Put

18.17 (59-07 ½) Vivian Chukwuemeka, Azusa Pacific (Calif.), 2006

200 Meters

24.77, Neisha Thompson, McKendree (Ill.), 1999

Long Jump

6.28 (20-7 1/4), Wendi Simmons, Graceland (Iowa), 1990

Javelin

45.58 (149-6), Kim Vanderhoek, Simon Fraser (B.C.), 1993

800 Meters

2:12.65, Carmen Gage, Azusa Pacific (Calif.), 1994

ALL-TIME TEAM CHAMPIONSHIPS

| | |
|----------------------------|---|
| Prairie View A&M (Texas) | 9 |
| Central State (Ohio) | 5 |
| Azusa Pacific (Calif.) | 3 |
| Doane (Neb.) | 2 |
| Life (Ga.) | 2 |
| Simon Fraser (B.C.) | 2 |
| Southern-New Orleans (La.) | 2 |
| Wayland Baptist | 2 |
| McKendree (Ill.) | 1 |
| Missouri Baptist | 1 |
| Texas Southern | 1 |

ALL-TIME INDIVIDUAL CHAMPIONSHIPS

| | |
|----------------------------|----|
| Prairie View A&M (Texas) | 58 |
| Simon Fraser (B.C.) | 58 |
| Azusa Pacific (Calif.) | 46 |
| Central State (Ohio) | 42 |
| Wayland Baptist (Texas) | 32 |
| Life (Ga.) | 22 |
| Missouri Baptist | 19 |
| Doane (Neb.) | 18 |
| Oklahoma Baptist | 18 |
| Adams State (Colo.) | 14 |
| Southern-New Orleans (La.) | 14 |
| McKendree (Ill.) | 13 |
| Lindenwood (Mo.) | 11 |
| Mary (N.D.) | 11 |
| Concordia (Neb.) | 10 |
| Wisconsin-Parkside | 9 |
| Black Hills State (S.D.) | 8 |
| British Columbia | 8 |
| George Fox (Ore.) | 7 |
| Hastings (Neb.) | 7 |
| Kearney State (Neb.) | 7 |

| | |
|------------------------------|---|
| Midland Lutheran (Neb.) | 7 |
| Pacific Lutheran (Wash.) | 7 |
| Olivet Nazarene (Ill.) | 7 |
| Central Methodist (Mo.) | 6 |
| Hampton Institute (Va.) | 6 |
| Texas Southern | 6 |
| Concordia (Ore.) | 5 |
| Dickinson State (N.D.) | 5 |
| Puget Sound (Wash.) | 5 |
| Southern Oregon | 5 |
| Western State (Colo.) | 5 |
| Westmont (Calif.) | 5 |
| Cedarville (Ohio) | 5 |
| Biola (Calif.) | 4 |
| Emporia State (Kan.) | 4 |
| Minot State (N.D.) | 4 |
| Moorhead State (Minn.) | 4 |
| Willamette (Ore.) | 4 |
| Chicago State (Ill.) | 3 |
| Florida Memorial | 3 |
| Hillsdale (Mich.) | 3 |
| Iowa Wesleyan | 3 |
| Jamestown (N.D.) | 3 |
| Point Loma Nazarene (Calif.) | 3 |
| Southern-Baton Rouge (La.) | 3 |
| Southern Utah | 3 |
| Western Washington | 3 |
| Arkansas-Pine Bluff | 2 |
| Berry (Ga.) | 2 |
| Findlay (Ohio) | 2 |
| Graceland (Iowa) | 2 |
| Huston-Tillotson (Texas) | 2 |
| Indiana Wesleyan | 2 |
| Mississippi Valley State | 2 |
| Oklahoma Christian | 2 |
| Park (Mo.) | 2 |
| Portland State | 2 |
| Warner Southern (Fla.) | 2 |
| Whitworth (Wash.) | 2 |
| Windsor (Ontario) | 2 |
| Winona State (Minn.) | 2 |
| Wisconsin-Eau Claire | 2 |
| Wisconsin-Milwaukee | 2 |
| Goshen (Ind.) | 2 |
| Concordia (Calif.) | 2 |
| Aquinas (Mich.) | 2 |
| Fresno Pacific (Calif.) | 2 |
| Indiana Tech | 2 |
| California State San Marcos | 2 |

The following institutions have one individual champion each:

Bethany (Kan.); Bethel (Kan.); Briar Cliff (Iowa) ; California Baptist; Cornerstone (MI); Dana (Neb.); Dordt (Iowa); Friends (Kan.); Harding (Ark.) ; Houghton (N.Y.); Jackson State (Miss.); Langston (Okla.); Lewis-Clark State (Idaho); Lewis & Clark (Ore.); Marquette (Wis.); MidAmerica Nazarene (Kan.); Mobile (Ala.); North Florida; Northwest (Wash.); Ozarks (Mo.); Phillips (Okla.); Rio Grande (Ohio); Roberts Wesleyan (N.Y.); Saginaw Valley State (Mich.); St. Augustine's (N.C.); Shorter (Ga.); Siena Heights (Mich.); South Dakota Mines & Tech; Southern Colorado; Southern Nazarene (Okla.); Southwestern (Kan.); Taylor (Ind.); Tri-State (Ind.); Webber (Fla.); Western Oregon ; Whitman (Wash.); Wisconsin-Parkside

Note: Relay victories count one for each event.

INDIVIDUAL CHAMPIONSHIPS, ONE YEAR

Nine Titles

Central State (Ohio), 1992
Life (Ga.), 2000

Eight Titles

Missouri Baptist, 2006
Prairie View A&M (Texas), 1982, 1983

Seven Titles

Central State (Ohio), 1991
Prairie View A&M (Texas), 1985, 1987

Six Titles

Central State (Ohio), 1993
Texas Southern, 1981
Wayland Baptist (Texas), 1986

Five Titles

Wayland Baptist (Texas), 2009
Simon Fraser (B.C.), 2005, 2006, 2008
Azusa Pacific (Calif.), 2004
Central State (Ohio), 1996
McKendree (Ill.), 1999
Prairie View A&M (Texas), 1984

MOST INDIVIDUAL TITLES, ONE YEAR

Three Titles

Ruky Abdulai, Simon Fraser (B.C.), 2008 (Long Jump, High Jump, Triple Jump)
Nickesha Anderson, Missouri Baptist, 2006 (100-meter dash, 200-meter dash, 400-meter dash)
Vivian Chukwuemeka, Azusa Pacific (Calif.) (shot put, discus, hammer throw)
Nickesha Anderson, Missouri Baptist, 2005 (100-meter dash, 200-meter dash, 400-meter dash)
Comfort Igeh, Wayland Baptist (Texas), 1986 (100-meter dash, 200-meter dash, long jump)
Jamie Mulske, Mary (N.D.), 1998 (heptathlon, long jump, 400-meter hurdles)
Carolyn Sterling, Central State (Ohio), 1992 (200-meter dash, 100-meter hurdles, long jump)

MOST INDIVIDUAL TITLES, CAREER

Ten Titles

Ruky Abdulai, Simon Fraser (B.C.) (400 meters 2007; 100 meter hurdles 2005; Long Jump 2005-06-08; High Jump 2006-07-08; Triple Jump 2006-08)

Eight Titles

Vivian Chukwuemeka, Azusa Pacific (Calif.) (shot put, 2002-03-04-06; discus, 2003-04-06; hammer throw 2006)

Seven Titles

Carol Bailey, Concordia (Neb.) (100-meter dash, 1987-88-89-90; 200-meter dash, 1987-89-90)
Carolyn Sterling, Central State (Ohio) (200-meter dash, 1992; 100-meter hurdles, 1991-92-93; long jump, 1991-92-93)
Nickesha Anderson, Missouri Baptist (100-meter dash 2005-06; 200-meter dash 2005-06; 400-meters 2005-06; 4x100 meter relay 2006)

Six Titles

Sarah Howell, Simon Fraser (B.C.) (1,500-meter run, 1990-91-92; 3,000-meter run 1990-91-92)
Sarah Korir, McKendree (Ill.), (5,000-meter run, 1997, 99, 2000; 10,000-meter run 1998-99, 2000)
Jamie Mulske, Mary (N.D.) (heptathlon, 1996-97-98; long jump, 1997-98; 400-meter hurdles, 1998)

Five Titles

Comfort Igeh, Wayland Baptist (Texas) (100-meter dash, 1986; 200-meter dash, 1986; long jump, 1986-87-88)
Leah Pells, Simon Fraser (B.C.) (1,500-meter run, 1983-87-88; 800-meter run, 1983; 3,000-meter run, 1988)
Catherine Pomales, Central State (Ohio) (100-meter hurdles, 1994-96; 400-meter hurdles, 1994-95-96)
Beth Stuart, Kearney State (Neb.) (shot put, 1984-87; discus, 1985-86-87)

Four Titles

Rosa Ibarra, Wayland Baptist (Texas) (5,000-meter run, 1994-95; 10,000-meter run, 1994-95)
Mirriam Kaumba, Oklahoma Baptist (5,000-meter run, 2004-05; 10,000-meter run, 2004-05)
LaVonda Luckett, Prairie View A&M (Texas) (400-meter hurdles, 1984-85-86-87)

REPEAT CHAMPIONS

Four-Time

Ruky Abdulai, Simon Fraser (B.C.) (Long Jump, 2005-08)
Carol Bailey, Concordia (Neb.) (100-meter dash, 1987-88-89-90)
LaVonda Luckett, Prairie View A&M (Texas) (400-meter hurdles, 1984-85-86-87)

Three-Time

Ruky Abdulai, Simon Fraser (B.C.) (High Jump, 2006-08)
Thomasina Busch, Hampton Institute (Va.) (100-meter hurdles, 1982-83-84)
Vivian Chukwuemeka, Azusa Pacific (Calif.) (shot put, 2002-03-04)
Annette Ekberg, Hastings (Neb.) (heptathlon, 2003-04-05)
Megan Hazzey, British Columbia (3000-meter racewalk, 2004-05-06)
Deon Hemmings, Central State (Ohio) (400-meter hurdles, 1991-92-93)
Annie Hess, Concordia (Ore.) (discus throw, 2007-08-09)
Sarah Howell, Simon Fraser (B.C.) (1,500-meter run, 1990-91-92; 3,000-meter run, 1990-91-92)
Comfort Igeh, Wayland Baptist (Texas) (long jump, 1986-87-88)
Latrese Johnson, Azusa Pacific (Calif.) (high jump, 1989-90-91)
Sarah Korir, McKendree (Ill.) (10,000-meter run, 1998-99, 2000)
Jamie Mulske, Mary (N.D.) (heptathlon, 1996-97-98)
Jennifer Padrinao, Simon Fraser (B.C.) (hammer, 2002-03-04)
Catherine Pomales, Central State (400-meter hurdles, 1994-95-96)
Audrea Sterling, Central State (Ohio) (400-meter dash, 1991-92-93)
Carolyn Sterling, Central State (Ohio) (100-meter hurdles, 1991-92-93; long jump, 1991-92-93)
Beth Stuart, Kearney State (Neb.) (discus, 1985-86-87)

Kim Vanderhoek, Simon Fraser (B.C.) (heptathlon, 1991-92-93)
Karen Waddell, Prairie View A&M (Texas) (shot put, 1981-82-83)
Corinna Wolf, Simon Fraser (B.C.) (high jump, 1993-94-95)

HERBERT B. MARETT OUTSTANDING PERFORMER

1981 Wendy Burman, Wisconsin-Parkside
1982 Mary Jaqua, Adams State (Colo.)
1983 Leah Pells, Simon Fraser (B.C.)
1984 Denise Bullocks, Chicago State (Ill.)
1985 Deirdre Jackson, Prairie View A&M (Texas)
1986 Comfort Igeh, Wayland Baptist (Texas)
1987 Edith Renfro, Prairie View A&M (Texas)
1988 Airat Bakare, Azusa Pacific (Calif.)
1989 Carol Bailey, Concordia (Neb.)
1990 Wendi Simmons, Graceland (Iowa)
1991 Carolin Sterling, Central State (Ohio)
1992 Carolin Sterling, Central State (Ohio)
1993 Deon Hemmings, Central State (Ohio)
1994 Catherine Pomales, Central State (Ohio)
1995 Rosa Ibarra, Wayland Baptist (Texas)
1996 Catherine Pomales, Central State (Ohio)
1997 Jamey Mulske, Mary (N.D.)
1998 Jamey Mulske, Mary (N.D.)
1999 Neisha Thompson, McKendree (Ill.)
2000 Sara Stevenson, Olivet Nazarene (Ill.)
2001 Vida Nsiah, Central State (Ohio)
2002 Emilie Mondor, Simon Fraser (B.C.)
Vanessa Wilhelm, Azusa Pacific (Calif.)
2003 Vivian Chukwuemeka, Azusa Pacific (Calif.)
2004 Vivian Chukwuemeka, Azusa Pacific (Calif.)
2005 Mirian Kaumba, Oklahoma Baptist
2006 Nickesha Anderson, Missouri Baptist
2007 Ruky Abdulai, Simon Fraser (B.C.)
2008 Annie Hess, Concordia (Ore.)
2009 Justyna Mudy, Shorter (Ga.)

MOST VALUABLE PERFORMER

(based on total points scored in national meet competition)

2008 Ruky Abdulai, Simon Fraser (B.C.)
2009 Natasha Miller, Biola (Calif.)

COACH OF THE YEAR

1981 LaVerne Sweat, Hampton Institute (Va.)
1982 Rocky Light, Adams State (Colo.)
1983 Barbara Jacket, Prairie View A&M (Texas)
1984 Joe Vigil, Adams State (Colo.)
1985 Milon Donley, Adams State (Colo.)
1986 Barbara Jacket, Prairie View A&M (Texas)
1987 Barbara Jacket, Prairie View A&M (Texas)
1988 Clark Wille, Missouri Baptist
1989 Fred Beile, Doane (Neb.)
1990 Vacant
1991 Zenon Smiechowski, Simon Fraser (B.C.)
1992 Zenon Smiechowski, Simon Fraser (B.C.)
1993 Josh Culbreath, Central State (Ohio)
1994 Fred Beile, Doane (Neb.)
1995 Artis Davenport, Southern-New Orleans (La.)
1996 Rick Dealy, Wayland Baptist (Texas)
1997 Mike Thorson, Mary (N.D.)
1998 Zenon Smiechowski, Simon Fraser (B.C.)
1999 Mike Thorson, Mary (N.D.)
2000 Rena Rieder, Life (Ga.)
2001 Fred Beile, Doane (Neb.)
Jahan Culbreath, Central State (Ohio)
2002 Fred Biele, Doane (Neb.)
2003 Mike Barnett, Azusa Pacific (Calif.)
2004 Mike Barnett, Azusa Pacific (Calif.)
2005 Brit Townsend, Simon Fraser (B.C.)
2006 Vince Bingham, Missouri Baptist
2007 Mike Barnett, Azusa Pacific (Calif.)
2008 Brian Whitlock, Wayland Baptist (Texas)
2009 Brian Whitlock, Wayland Baptist (Texas)

ALL-TIME INDIVIDUAL CHAMPIONS

100-METER DASH

| | |
|------|--|
| 1981 | Angel Doyle, Southern-Baton Rouge (La.), 11.85 |
| 1982 | Casandra Graham, Prairie View A&M (Texas), 11.82 |
| 1983 | Sheila Labome, Prairie View A&M (Texas), 11.89 |
| 1984 | Virgie Bullie, Midland Lutheran (Neb.), 11.71 |
| 1985 | Deirdre Jackson, Prairie View A&M (Texas), 11.82 |
| 1986 | Comfort Igeh, Wayland Baptist (Texas), 11.68 |
| 1987 | Carol Bailey, Concordia (Neb.), 12.00 |
| 1988 | Carol Bailey, Concordia (Neb.), 11.54 |
| 1989 | Carol Bailey, Concordia (Neb.), 11.52 |
| 1990 | Carol Bailey, Concordia (Neb.), 11.60 |
| 1991 | Faith Idehen, Missouri Baptist, 11.44 w |
| 1992 | Layphane Carnegie, Central State (Ohio), 11.54 |
| 1993 | Layphane Carnegie, Central State (Ohio), 11.62 |
| 1994 | Sevetheda Fynes, Southern-New Orleans (La.), 11.42 w |
| 1995 | Bridgette Edwards, Central State (Ohio), 11.60 w |
| 1996 | Jasmine Sampson, Park (Mo.), 11.75 |
| 1997 | Calister Uba, Harding (Ark.) 11.59 |
| 1998 | Nicole Duncan, Iowa Wesleyan, 11.75 |
| 1999 | Camille Clarke, Life (Ga.), 11.77 |
| 2000 | Monica Twum, Life (Ga.), 11.52 |
| 2001 | Vida Nsiah, Central State (Ohio), 11.37 |
| 2002 | Vida Nsiah, Central State (Ohio), 11.51 |
| 2003 | Danielle Norville, Lindenwood (Mo.), 11.70 |
| 2004 | Genna Williams, Lindenwood (Mo.), 11.47 |
| 2005 | Nickesha Anderson, Missouri Baptist, 11.65 |
| 2006 | Nickesha Anderson, Missouri Baptist, 11.41 w |
| 2007 | Laniece Clarke, McKendree (IL), 11.82 w |
| 2008 | Kimberly Smith, Wayland Baptist (Texas), 11.68 |
| 2009 | Kimberly Smith, Wayland Baptist (Texas), 11.58 |

(w) – denotes time/score is wind-aided

200-METER DASH

| | |
|------|--|
| 1981 | Angel Doyle, Southern-Baton Rouge (La.), 23.98 |
| 1982 | Casandra Graham, Prairie View A&M (Texas), 24.03 |
| 1983 | Sheila Labome, Prairie View A&M (Texas), 24.16 |
| 1984 | Denise Bullocks, Chicago State (Ill.), 24.14 |
| 1985 | Deirdre Jackson, Prairie View A&M (Texas), 24.03 |
| 1986 | Comfort Igeh, Wayland Baptist (Texas), 23.69 |
| 1987 | Carol Bailey, Concordia (Neb.), 23.93 |
| 1988 | Airat Bakare, Azusa Pacific (Calif.), 23.71 |
| 1989 | Carol Bailey, Concordia (Neb.), 23.57 |
| 1990 | Carol Bailey, Concordia (Neb.), 23.78 |
| 1991 | Faith Idehen, Missouri Baptist, 23.61 w |
| 1992 | Carolin Sterling, Central State (Ohio), 23.62 |
| 1993 | Layphane Carnegie, Central State (Ohio), 23.78 |
| 1994 | Sevetheda Fynes, Southern-New Orleans (La.), 23.10 w |
| 1995 | Chantel Rolle, Southern-New Orleans (La.), 23.44 w |
| 1996 | Beverly Grant, Central State (Ohio), 23.24 |
| 1997 | Altrice Taylor, Southern-New Orleans (La.), 24.18 |
| 1998 | Louise Ayetotche, Iowa Wesleyan, 23.60 |
| 1999 | Camille Clarke, Life (Ga.), 23.70 |
| 2000 | Monica Twum, Life (Ga.), 23.95 |
| 2001 | Sallie Green, Florida Memorial, 23.95 |
| 2002 | Melocia Clarke, Central State (Ohio), 23.96 |
| 2003 | Danielle Norville, Lindenwood (Mo.), 23.69 |
| 2004 | Genna Williams, Lindenwood (Mo.), 23.61 |
| 2005 | Nickesha Anderson, Missouri Baptist, 24.02 |
| 2006 | Nickesha Anderson, Missouri Baptist, 23.86 w |
| 2007 | Stephanie Allers, Cornerstone (MI), 24.80 |
| 2008 | Kimberly Smith, Wayland Baptist (Texas), 24.18 |
| 2009 | Kimberly Smith, Wayland Baptist (Texas), 23.72 |

(w) – denotes time/score is wind-aided

400-METER DASH

| | |
|------|--|
| 1981 | Loretta Edwards, Prairie View A&M (Texas), 54.38 |
| 1982 | Easter Gabriel, Prairie View A&M (Texas), 52.53 |
| 1983 | Easter Gabriel, Prairie View A&M (Texas), 53.91 |
| 1984 | Denise Bullocks, Chicago State (Ill.), 54.09 |
| 1985 | Carol Williams, Mississippi Valley State, 53.65 |
| 1986 | Airat Bakare, Azusa Pacific (Calif.), 51.83 |
| 1987 | Denise Bullocks, Chicago State (Ill.), 55.21 |
| 1988 | Airat Bakare, Azusa Pacific (Calif.), 52.20 |

1989 Rhonda Lampkin, Prairie View A&M (Texas), 55.20
1990 Rhonda Lampkin, Prairie View A&M (Texas), 54.56
1991 Audrea Sterling, Central State (Ohio), 52.87
1992 Audrea Sterling, Central State (Ohio), 53.37
1993 Audrea Sterling, Central State (Ohio), 52.33
1994 Fatima Yusuf, Azusa Pacific (Calif.), 51.57
1995 Beverly Grant, Central State (Ohio), 53.13
1996 Fatima Yusuf, Azusa Pacific (Calif.), 51.44
1997 Zoila Stewart, Life (Ga.), 53.34
1998 Zoila Stewart, Life (Ga.), 53.13
1999 Lucyann Richards, Life (Ga.), 53.55
2000 Sedell Roberts, Life (Ga.), 53.77
2001 Sharline Maxwell, Briar Cliff (Iowa), 53.69
2002 Daniela Georgieva, Central Methodist (Mo.), 53.65
2003 Crystal Haynes, Webber (Fla.), 54.94
2004 Niema Golphin, Azusa Pacific (Calif.), 53.58
2005 Nickesha Anderson, Missouri Baptist, 53.39
2006 Nickesha Anderson, Missouri Baptist, 54.53
2007 Ruky Abdulai, Simon Fraser (B.C.), 52.40
2008 Marissa Moseley, Oklahoma Baptist, 52.87
2009 Marissa Moseley, Oklahoma Baptist, 54.02

800-METER RUN

1981 Cheritta Jackson, Texas Southern, 2:12.05
1982 Denise Day, Midland Lutheran (Neb.), 2:12.61
1983 Leah Pells, Simon Fraser (B.C.), 2:09.77
1984 Julie Jenkins, Adams State (Colo.), 2:08.60
1985 Teresa Lloyd, Jamestown (N.D.), 2:10.67
1986 Brit McRoberts, Simon Fraser (B.C.), 2:03.89
1987 Cathy Taylor, Prairie View A&M (Texas), 2:06.57
1988 Chris Wagner, Simon Fraser (B.C.), 2:07.10
1989 Barbara Smith, Prairie View A&M (Texas), 2:09.79
1990 Sherdon Smith, Central State (Ohio), 2:07.03
1991 Barbara Smith, Prairie View A&M (Texas), 2:08.01
1992 Elizabeth Onyambu, Biola (Calif.), 2:06.17
1993 Elizabeth Onyambu, Biola (Calif.), 2:04.42
1994 Dytonya Maryland, Prairie View A&M (Texas), 2:09.32
1995 Vernetta Rolle, Southern-New Orleans (La.), 2:09.16
1996 Christine Smith, Southern-New Orleans (La.), 2:09.80
1997 Carolyn Murray, Simon Fraser (B.C.), 2:08.36
1998 Steph Miller, Southern Nazarene (Okla.), 2:10.60
1999 Chrystal De Nayer, Azusa Pacific (Calif.), 2:10.60
2000 Leontine Tsiba, Life (Ga.) 2:08.63
2001 Leontine Tsiba, Life (Ga.), 2:09.24
2002 Brandy Bratton, Oklahoma Baptist, 2:12.87
2003 Julia Howard, Simon Fraser (B.C.), 2:12.49
2004 Julie Howard, Simon Fraser (B.C.), 2:07.89
2005 Rebecca Johnstone, Simon Fraser (B.C.), 2:04.92
2006 Rebecca Johnstone, Simon Fraser (B.C.), 2:05.42
2007 Amanda Mayfield, Oklahoma Baptist, 2:09.44
2008 Jessica Smith, Simon Fraser (B.C.), 2:08.39
2009 Purity Biwott, Wayland Baptist (Texas), 2:05.86

1500-METER RUN

1981 Mary Damiani, Southern Utah, 4:32.35
1982 Debbie Spino, Wisconsin-Parkside, 4:35.47
1983 Leah Pells, Simon Fraser (B.C.), 4:25.42
1984 Cindy Grant, Simon Fraser (B.C.), 4:32.09
1985 Julie Jenkins, Adams State (Colo.), 4:29.52
1986 Teresa Lloyd, Jamestown (N.D.), 4:23.50
1987 Leah Pells, Simon Fraser (B.C.), 4:18.14
1988 Leah Pells, Simon Fraser (B.C.), 4:19.32
1989 Donna Spickelmier, Kearney State (Neb.), 4:30.49
1990 Sarah Howell, Simon Fraser (B.C.), 4:25.04
1991 Sarah Howell, Simon Fraser (B.C.), 4:22.51
1992 Sarah Howell, Simon Fraser (B.C.), 4:16.56
1993 Lindsay McLaren, Simon Fraser (B.C.), 4:25.85
1994 Danita Parkhurst, Puget Sound (Wash.), 4:29.39
1995 Ivana Skladana, Mobile (Ala.), 4:32.15
1996 Tamara Dingley, Wayland Baptist (Texas), 4:26.69
1997 Carolyn Murray, Simon Fraser (B.C.), 4:22.61
1998 Heather deGeest, Simon Fraser (B.C.), 4:27.32
1999 Heather deGeest, Simon Fraser (B.C.), 4:26.72
2000 Leontine Tsiba, Life (Ga.), 4:27.03
2001 Eszter Erdelyi, Central Methodist (Mo.), 4:30.34

2002 Emilie Mondor, Simon Fraser (B.C.), 4:18.29
2003 Evelina Slatinska, Central Methodist (Mo.), 4:30.09
2004 Evelina Slatinska, Central Methodist (Mo.), 4:25.94
2005 Julia Howard, Simon Fraser (B.C.), 4:33.80
2006 Julia Howard, Simon Fraser (B.C.), 4:29.11
2007 Bethany McCoy, Olivet Nazarene (IL), 4:25.87
2008 Jamie Canterbury, Azusa Pacific (Calif.), 4:26.64
2009 Purity Biwott, Wayland Baptist (Texas), 4:26.57

3000-METER RUN

1981 Angie Pikschus, Ozarks (Mo.), 10:11.55
1982 Mary Jaqua, Adams State (Colo.), 10:04.15
1983 Carolyn Sheild, Wisconsin-Eau Claire, 9:52.09
1984 Denise Falzone, Adams State (Colo.), 9:47.30
1985 Ann Manning, Portland (Ore.), 9:43.64
1986 Ann Manning, Portland (Ore.), 9:34.69
1987 Valerie Hilden, Pacific Lutheran (Wash.), 9:51.71
1988 Leah Pells, Simon Fraser (B.C.), 9:19.93
1989 Donna Spickelmier, Kearney State (Neb.), 9:37.49
1990 Sarah Howell, Simon Fraser (B.C.), 10:04.05
1991 Sarah Howell, Simon Fraser (B.C.), 9:42.16
1992 Sarah Howell, Simon Fraser (B.C.), 9:13.20
1993 Lindsay McLaren, Simon Fraser (B.C.), 9:33.46
1994 Suzanne Weeder, Doane (Neb.), 9:49.17
1995 Jessica Bissonnette, Whitman (Wash.), 10:01.16
1996 Tamara Dingley, Wayland Baptist (Texas), 9:43.58
1997 Sarah Andrews, Puget Sound (Wash.), 9:52.64
1998 Carolyn Murray, Simon Fraser (B.C.), 9:59.66
1999 Dana Boyle, Puget Sound (Wash.), 9:52.93
2000 Heather deGeest, Simon Fraser (B.C.) 9:28.4 h
2001 Eszter Erdelyi, Central Methodist (Mo.), 9:58.45
2002 Agness Kipkuma, Life (Ga.), 10:06.21

(h) – denotes event was hand timed

3000-METER RACE WALK

1993 Jennifer Zalewski, Wisconsin-Parkside, 13:53.3
1994 Kelly Watson, Wisconsin-Parkside, 14:24.43
1995 Sue Kisting, Wisconsin-Parkside, 14:19.61
1996 Anne-Marie Oswald, Simon Fraser (B.C.), 15:15.91
1997 Jill Zenner, Cedarville (Ohio), 13:16.16
1998 Jessie Nethery, Wisconsin-Parkside, 14:56.35
1999 Jaimie Roberts, Wisconsin-Parkside, 15:02.78
2000 Sara Stevenson, Olivet Nazarene (Ill.), 12:39.62
2001 Sara Stevenson, Olivet Nazarene (Ill.), 14:03.89
2002 Amber Antonia, Wisconsin-Parkside, 13:27.46
2003 Karen Foan, British Columbia, 14:29.05
2004 Megan Huzzey, British Columbia, 15:18.95
2005 Megan Huzzey, British Columbia, 14:53.98
2006 Megan Huzzey, British Columbia, 13:53.57
2007 Tina Peters, Goshen (Ind.), 15:20.21
2008 Megan Huzzey, British Columbia, 14:12.12
2009 Nicola Evangelista, British Columbia, 14:54.51

3000-METER STEEPLECHASE

2003 Kristina Proticova, Northwest (Wash.), 10:56.13
2004 Andrea Mohr, Southwestern (Kan.), 10:32.63
2005 Angi Axmann, Black Hills State (S.D.), 10:33.38
2006 Jen Kempers, Dordt (Iowa), 10:55.04
2007 Meredith MacGregor, Simon Fraser (B.C.), 10:33.25
2008 Dallon Williams, California State San Marcos, 10:18.96
2009 Justyna Mudy, Shorter (Ga.), 10:12.31

5000-METER RUN

1981 Wendy Burman, Wisconsin-Parkside, 17:03.77
1982 Mary Jaqua, Adams State (Colo.), 16:56.97
1983 Linda Marquardt, Wisconsin-Milwaukee, 16:53.49
1984 Julie Willoughby, Moorhead State (Minn.), 17:13.8
1985 Denise Falzone, Adams State (Colo.), 16:49.36
1986 Erin Gillespie, Hillsdale (Mich.), 16:56.64
1987 Lorie Moreno, Western State (Colo.), 17:01.2
1988 Doris Watson, Adams State (Colo.), 16:47.38
1989 Yvonne Hollmann, Midland Lutheran (Neb.), 17:18.26
1990 Paula Stokman, Wisconsin-Parkside, 17:29.77
1991 Melissa Johnson, Adams State (Colo.), 17:02.86

1992 Amy Giblin, Adams State (Colo.), 16:44.48
 1993 Tigist Moreda, Wayland Baptist (Texas), 16:52.44
 1994 Rosa Ibarra, Wayland Baptist (Texas), 17:14.80
 1995 Rosa Ibarra, Wayland Baptist (Texas), 16:55.93
 1996 Tumaini Urrio, Life (Ga.), 17:13.52
 1997 Sarah Korir, McKendree (Ill.), 17:01.89
 1998 Cari Rampersad, Simon Fraser (B.C.), 17:18.83
 1999 Sarah Korir, McKendree (Ill.), 16:59.63
 2000 Sarah Korir, McKendree (Ill.), 17:13.77
 2001 Mary Livengood, Doane (Neb.), 17:15.33
 2002 Genevieve Graff-Ermeling, Concordia (Calif.), 17:11.24
 2003 Evelina Slatinska, Central Methodist (Mo.), 17:40.17
 2004 Mirriam Kaumba, Oklahoma Baptist, 17:18.58
 2005 Mirriam Kaumba, Oklahoma Baptist, 16:44.19
 2006 Betty Rotich, Missouri Baptist, 16:48.07
 2007 Natalie Peterson, Concordia (Calif.), 17:24.33
 2008 Alissa McKaig, Indiana Tech, 16:39.04
 2009 Jacky Kipwambok, Azusa Pacific (Calif.), 16:51.32

10,000-METER RUN

1983 Linda Marquardt, Wisconsin-Milwaukee, 35:17.88
 1984 Karen Schoenrock, Wisconsin-Eau Claire, 35:37.6
 1985 Katie Webb, Marquette (Wis.), 35:44.07
 1986 Erin Gillespie, Hillsdale (Mich.), 35:06.51
 1987 Erin Gillespie, Hillsdale (Mich.), 36:05.47
 1988 Lori Moreno, Western State (Colo.), 35:12.15
 1989 Jill Jamison, George Fox (Ore.), 36:08.71
 1990 Terry Villarreal, Adams State (Colo.), 36:50.57
 1991 Jill Beals, George Fox (Ore.), 35:50.39
 1992 Jill Beals, George Fox (Ore.), 34:25.5
 1993 Tigist Moreda, Wayland Baptist (Texas), 35:12.46
 1994 Rosa Ibarra, Wayland Baptist (Texas), 35:44.12
 1995 Rosa Ibarra, Wayland Baptist (Texas), 34:55.06
 1996 Tumaini Urrio, Life (Ga.), 36:03.37
 1997 Ann Marie Hynes, Rio Grande (Ohio), 35:41.04
 1998 Sarah Korir, McKendree (Ill.), 38:17.78
 1999 Sarah Korir, McKendree (Ill.), 35:29.86
 2000 Sarah Korir, McKendree (Ill.), 36:44.34
 2001 Mary Livengood, Doane (Neb.), 35:45.89
 2002 Nicole DeRoin, Hastings (Neb.), 37:20.38
 2003 Amanda Portis, Tri-State (Ind.), 37:02.77
 2004 Mirriam Kaumba, Oklahoma Baptist, 36:49.59
 2005 Mirriam Kaumba, Oklahoma Baptist, 35:03.67
 2006 Betty Rotich, Missouri Baptist, 35:01.08
 2007 Petrana Petkova, Goshen (Ind.), 36:27.01
 2008 Alissa McKaig, Indiana Tech, 34:22.95
 2009 Jacky Kipwambok, Azusa Pacific (Calif.), 34:48.21

100-METER HURDLES

1981 Linda Weekly, Texas Southern, 13.83
 1982 Thomasina Busch, Hampton Institute (Va.), 14.28
 1983 Thomasina Busch, Hampton Institute (Va.), 14.06
 1984 Thomasina Busch, Hampton Institute (Va.), 13.73
 1985 Brenda Jarvis, Adams State (Colo.), 13.71
 1986 Brenda Jarvis, Adams State (Colo.), 13.87
 1987 Denise Williams, Wayland Baptist (Texas), 13.95
 1988 Kimolyn Vanzant, Prairie View A&M (Texas), 13.74
 1989 LaTonya Johnson, Arkansas-Pine Bluff, 13.93
 1990 LaTonya Johnson, Arkansas-Pine Bluff, 13.73
 1991 Carolin Sterling, Central State (Ohio), 13.91
 1992 Carolin Sterling, Central State (Ohio), 13.58
 1993 Carolin Sterling, Central State (Ohio), 13.57
 1994 Catherine Pomales, Central State (Ohio), 13.79 w
 1995 Michelle Campbell, Azusa Pacific (Calif.), 13.08 w
 1996 Catherine Pomales, Central State (Ohio), 13.44
 1997 Amy Cameron, Western Washington, 14.15
 1998 Shanda Spurlock, Olivet Nazarene (Ill.), 13.97
 1999 Shanda Spurlock, Olivet Nazarene (Ill.), 13:78
 2000 Dashika Banks, Huston-Tillotson (Tex.), 14.17
 2001 Vida Nsiah, Central State (Mo.), 13.41
 2002 Karla Fandrich, Mary (N.D.), 13.86
 2003 Melanie Lachapelle, Windsor (Ontario), 14.10
 2004 Daveeta Shepherd, Lindenwood (Mo.), 13.33
 2005 Ruky Abdulai, Simon Fraser (B.C.), 13.96
 2006 LaToya Greaves, Oklahoma Baptist, 13.39 w

2007 Shannon Hellman, South Dakota Mines & Tech, 13.73
2008 Shannon Hellman, Black Hills State (S.D.), 14.12
2009 Tiffeny Parker, Azusa Pacific (Calif.), 14.21
(w) – denotes time/score was wind-aided

400-METER HURDLES

1981 Felicia Durham, Southern-Baton Rouge (La.), 1:00.47
1982 Margaret Gamble, Prairie View A&M (Texas), 59.30
1983 Margaret Gamble, Prairie View A&M (Texas), 58.99
1984 LaVonda Lockett, Prairie View A&M (Texas), 1:00.78
1985 LaVonda Lockett, Prairie View A&M (Texas), 58.89
1986 LaVonda Lockett, Prairie View A&M (Texas), 58.09
1987 LaVonda Lockett, Prairie View A&M (Texas), 57.39
1988 Susanne Johansson, Point Loma Nazarene (Calif.), 59.25
1989 Wendi Simmons, Graceland (Iowa), 1:01.06
1990 Wendi Simmons, Graceland (Iowa), 1:00.42
1991 Deon Hemmings, Central State (Ohio), 58.14
1992 Deon Hemmings, Central State (Ohio), 56.56
1993 Deon Hemmings, Central State (Ohio), 55.14
1994 Catherine Pomales, Central State (Ohio), 56.57
1995 Catherine Pomales, Central State (Ohio), 58.04
1996 Catherine Pomales, Central State (Ohio), 56.98
1997 Lesakay Morgoridge, Southern-New Orleans (La.), 59.63
1998 Jamey Mulске, Mary (N.D.), 1:01.32
1999 Neisha Thompson, McKendree (Ill.), 1:00.45
2000 Sedell Roberts, Life (Ga.), 59.02
2001 Natalie Jackson, Simon Fraser (B.C.), 1:00.02
2002 Kendra Doyle, Bethel (Kan.), 1:01.23
2003 Anabell Montes, Warner Southern (Fla.), 1:01.04
2004 Anabell Montes, Warner Southern (Fla.), 59.07
2005 Shawn Kern, Mary (N.D.), 1:00.08
2006 Nickiesha Wilson, Oklahoma Baptist, 58.25
2007 Lorraine Swaby, Azusa Pacific (CA), 59.81
2008 Sherene Pinnock, Oklahoma Baptist, 59.50
2009 Verone Chambers, Oklahoma Baptist, 58.80

MARATHON

1981 Wendy Burman, Wisconsin-Parkside, 2:59:44.10
1982 Liz Garman, Azusa Pacific (Calif.), 3:03:00.43
1983 Sharon Foster, Adams State (Colo.), 2:58:62.2
1984 Cindy Reinhart, Saginaw Valley State (Mich.), 2:57:20.5
1985 Jolene Fisher, Southern Utah, 2:51:05.0
1986 Tracy Nelson, Winona State (Minn.), 3:07:15.7
1987 Tracy Nelson, Winona State (Minn.), 2:59:44.80
1988 Miriam Otten, Missouri Baptist, 3:00:46.4
1989 Amy Baker, Doane (Neb.), 3:06:03.7
1990 Marie Farrar, North Florida, 3:03:07
1991 Peggy Murphy, Oklahoma Christian, 2:49:24
1992 Amber Anderson, Midland Lutheran (Neb.), 2:49.14
1993 Peggy Murphy, Oklahoma Christian, 2:52.54
1994 Theresa Walton, Southern Oregon, 2:58:32
1995 Shawna Doty, Jamestown (N.D.), 2:54:27.00
1996 Heather Thompson, Doane (Neb.), 3:07:44.41
1997 Angie Sparacino, Dana (Neb.), 2:57:19.0 h
1998 Amy Knobloch, Lindenwood (Mo.), 2:57:23.00
1999 Michelle Abernathy, Berry (Ga.), 2:58.40.4 h
2000 Shandi Hertz, Mary (N.D.), 3:04:41.00
2001 Mikki Massey, Park (Mo.), 3:05.11
2002 Michelle Brake, Friends (Kan.), 3:01:05.23
2003 Nikki Underwood, Black Hills State (S.D.), 3:05:13.62
2004 Cara Rumble, Cal State-San Marcos, 2:49:30.00
2005 Tausha Kuzmic, Lewis-Clark State (Idaho), 2:57:56.01
2006 Jessica Goulder, Westmont (Calif.), 2:49:14.70
2007 Anna Stumbo, Westmont (Calif.), 2:51:30.40
2008 Kaitlin Fadden, Houghton (N.Y.), 2:57:10.00
2009 Wendy O'Lexey, Black Hills State (S.D.), 3:01:49.01
(h) – denotes event was hand timed

4x100-METER RELAY

1981 Texas Southern (Donna Lazard, Cora Sherman, Denise Cox, Linda Weekly), 45.41
1982 Prairie View A&M (Texas) (Sheila Labome, Casandra Graham, Loretta Edwards, Easter Gabriel), 45.25
1983 Prairie View A&M (Texas) (Lynn Gamble, Norrie McAfee, Sheila Labome, Easter Gabriel), 45.06
1984 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, Jocelyn Tatum, Norrie McAfee), 45.36
1985 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, LaVonda Lockett, Jocelyn Tatum), 45.80

1986 Wayland Baptist (Texas) (Nzael Kyomo, Comfort Igeh, Starlette Daniels, Althea Thomas), 45.37
 1987 Prairie View A&M (Texas) (Wanda Clay, Evan Williams, Patti Harris, Jocelyn Tatum), 48.55
 1988 Prairie View A&M (Texas) (Kimolyn Vanzant, JoAnne Caraway, Patti Harris, Wanda Clay), 45.76
 1989 Prairie View A&M (Texas) (Terri Clayton, Wanda Clay, Patti Harris, Shana Ford), 46.03
 1990 Missouri Baptist (Sandra Kidd, Dawn Mills, Kerry Evans, Felicia Amajali), 46.12
 1991 Central State (Ohio) (Antonette Jones, Carolin Sterling, Alwren Wallace, Audrea Sterling), 44.81
 1992 Central State (Ohio) (Alwren Wallace, Carolin Sterling, Layphane Carnagie, Audrea Sterling), 45.52
 1993 Central State (Ohio) (Bridgette Edwards, Carolin Sterling, Audrea Sterling, Deon Hemmings), 45.46
 1994 Central State (Ohio) (Bridgette Edwards, Beverly Grant, Audrea Sterling, Catherine Pomales), 44.32
 1995 Southern-New Orleans (La.) (Lesakay Morgridge, Chantel Rolle, Altrice Taylor, Beverly Langley), 44.66
 1996 Central State (Ohio) (Chanteau White, Beverly Grant, Ronalee Davis, Catherine Pomales), 44.95
 1997 Southern-New Orleans (La.) (Lesakay Morgoridge, Altrice Taylor, Tameca Williams, Cydonie Mothersill), 45.41
 1998 Southern-New Orleans (La.) (Stacian Brown, Keisha Miller, Altrice Taylor, Naomi Mills), 45.90
 1999 Life (Ga.) (Sherese Collie, Lucyann Richards, Misrah Crooks, Camille Clarke), 45.66
 2000 Life (Ga.) (Mishrah Crooks, Timishi Gonzalez, Monica Twum, Meosha Hubbard), 45.48
 2001 Florida Memorial (Dorcia Cash, Sallie Green, Lorraine Jackson, Sharlene McQueen), 46.20
 2002 Central State (Ohio) (Marsha Hayles, Vida Nsiah, Avery Sterling, Adetooke Aladefa), 46.40
 2003 Lindenwood (Mo) (Meila Fleming, Carol Clarke, Danielle Norville, Angilla Corlette), 46.34
 2004 Lindenwood (Mo.) (Daveeta Shepherd, Carol Clarke, Danielle Norville, Genna Williams), 45.33
 2005 Langston (Okla.) (Damesha Sellers, Tasia Galbreath, Tatiana Simon, Dominique McDonald), 45.89
 2006 Missouri Baptist (Nikkita Holder, Rachel Baldwin, Lanece Clarke, Nickesha Anderson), 45.87
 2007 Wayland Baptist (Texas) (Patricia Mayers, Akisha Simmons, Caroline Oladipo, Keliesha Ross), 46.21
 2008 Wayland Baptist (Texas) (Latanya Nation, Kimberly Smith, Caroline Oladipo, Keleisha Ross), 46.21
 2009 Wayland Baptist (Texas) (Latanya Nation, Kimberly Smith, Bianca Grant, Keleisha Ross), 45.27

SPRINT MEDLEY RELAY

1981 Prairie View A&M (Texas) (Mary Ann Higgs, Loretta Edwards, Sheila Labome, Easter Gabriel), 1:40.55
 1982 Prairie View A&M (Texas) (Lynn Gamble, Loretta Edwards, Casandra Graham, Easter Gabriel), 1:39.32
 1983 Prairie View A&M (Texas) (Lynn Gamble, Norrie McAfee, Sheila LaBome, Easter Gabriel), 1:40.36
 1984 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, Jocelyn Tatum, Norrie McAfee), 1:41.19
 1985 Prairie View A&M (Texas) (Deirdre Jackson, Evan Williams, Jocelyn Tatum, LaVonda Luckett), 1:41.02
 1986 Wayland Baptist (Texas) (Nzael Kyomo, Starlette Daniels, Comfort Igeh, Althea Thomas), 1:39.55
 1987 Prairie View A&M (Texas) (Wanda Clay, Evan Williams, Jocelyn Tatum, LaVonda Luckett), 1:39.73
 1988 Azusa Pacific (Calif.) (Shannon Shaughnessy, Jennifer Parker, Kim Cockrell, Airat Bakare), 1:41.69
 1989 Wayland Baptist (Texas) (Kimberlee Gersbach, Kerry Evans, Kim Kayler, Felicia Amajali), 1:42.02
 1990 Missouri Baptist (Sandra Kidd, Dawn Mills, Kerry Evan, Felicia Amajali), 1:41.52
 1991 Central State (Ohio) (Antonette Jones, Carolin Sterling, Alwren Wallace, Sherdon Smith), 1:40.02
 1992 Central State (Ohio) (Alwren Wallace, Carolin Sterling, Layphane Carnagie, Audrea Sterling), 1:40.35
 1993 Central State (Ohio) (Sandra Kidd, Bridgette Edwards, Layphane Carnagie, Sherdon Smith), 1:40.04

4x400-METER RELAY

1981 Texas Southern (Earnestine Hanna, Sandra Scott, Denise Cox, Cheritta Jackson), 3:40.24
 1982 Prairie View A&M (Texas) (Sheila Labome, Loretta Edwards, Lynn Gamble, Easter Gabriel), 3:37.82
 1983 Prairie View A&M (Texas) (Sheila Labome, Norrie McAfee, Lynn Gamble, Easter Gabriel), 3:42.39
 1984 Prairie View A&M (Texas) (LaVonda Luckett, Norrie McAfee, Jocelyn Tatum, Cathy Taylor), 3:41.49
 1985 Mississippi Valley State (Gwendolyn Williams, Linda Fairs, Buretha Graham, Carol Williams), 3:42.37
 1986 Prairie View A&M (Texas) (Cathy Taylor, Norrie McAfee, Sandra Latham, LaVonda Luckett), 3:37.67
 1987 Prairie View A&M (Texas) (LaVonda Luckett, Cathy Taylor, Edith Renfro, Jocelyn Tatum), 3:41.1
 1988 Azusa Pacific (Calif.) (Jennifer Parker, Kim Cockrell, Kim Petway, Airat Bakare), 3:43.77
 1989 Prairie View A&M (Texas) (Rhonda Lampkin, Barbara Miller Mary Miller, Wanda Clay), 3:39.43
 1990 Central State (Ohio) (Carolin Sterling, Alwren Wallace, Deon Hemmings, Sherdon Smith), 3:42.17
 1991 Central State (Ohio) (Alwren Wallace, Deon Hemmings, Sherdon Smith, Audrea Sterling), 3:38.55
 1992 Central State (Ohio) (Ingrid Gordon, Audrea Sterling, Deon Hemmings, Sherdon Smith), 3:38.39
 1993 Central State (Ohio) (Carolin Sterling, Deon Hemmings, Audrea Sterling, Sherdon Smith), 3:38.24
 1994 Southern-New Orleans (La.) (Sevetheda Fynes, Wynsome Cole, Lesakay Morgridge, Shermaine McKenzie), 3:33.96
 1995 Southern-New Orleans (La.) (Christine Smith, Altrice Taylor, Selisha Hudson, Vernetta Rolle), 3:36.96
 1996 Southern-New Orleans (La.) (Christine Smith, Lesakay Morgridge, Stephanie Minto, Selisha Hudson), 3:41.27
 1997 Southern-New Orleans (La.) (Lesakay Morgoridge, Altrice Taylor, Stephanie Minto, Tameca Williams), 3:41.46
 1998 Iowa Wesleyan (Neisha Thompson, Nicola Thompson, Nadia Cunningham, Louise Ayetotche), 3:44.45
 1999 McKendree (Ill.) (Nadia Cunningham, Neisha Thompson, Petrona McClymont, Aletha Johnson), 3:44.82
 2000 Life (Ga.) (Monica Twum, Sedell Roberts, Leontine Tsiba, Timishi Gonzalez), 3:44.69
 2001 Florida Memorial (Brandy Dames, Sallie Green, Lorraine Jackson, Dorcia Cash), 3:47.21
 2002 McKendree (Ill.) (Betty-Ann Haywood, Shernett Davis, Agne Visockaite, Nadia Cunningham), 3:43.97
 2003 Oklahoma Baptist (Keyonna Hornbuckle, Melissa Mount, Chandra Huckabay, Amber Lewis), 3:52.30
 2004 Azusa Pacific (Calif.) (Janessa Goodfellow, Tamara Jones, Lorraine Swaby, Niema Golphin), 3:44.64
 2005 Oklahoma Baptist (Keyonna Hornbuckle, Melissa Mount, Chandra Huckabay, Kyta Ferrer), 3:44.50
 2006 Oklahoma Baptist (Kyli Bean, Kyta Willets, LaToya Greaves, Nickiesha Wilson), 3:45.47
 2007 Oklahoma Baptist (Amanda Mayfield, Optimum Baker, Kyli Bean, Sherene Pinnock), 3:39.96
 2008 Oklahoma Baptist (Marissa Moseley, Sarah Patterson, Aletha Hubbard, Sherene Pinnock), 3:42.11
 2009 Oklahoma Baptist (Marissa Moseley, Sarah Patterson, Yesenia Avila, Verone Chambers), 3:43.99

4x800-METER RELAY

1981 Texas Southern (Sandra Scott, Madonna Redd, Towanna Thompson, Cheritta Jackson), 8:54.34
 1982 Midland (Neb.) (Cindy Lauer, Denise Day, Mary Drey, Edie Hessman), 9:08.67
 1983 Moorhead State (Minn.) (Katie Class, Tracy Fie, Paula Behrendt, Pam Harty), 9:00.97

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| 1984 | Moorhead State (Minn.) (Katie Class, Tracy Fie, Pam Harty, Paula Behrendt), 9:05.75 |
| 1985 | Moorhead State (Minn.) (Katie Class, Traci Fie, Judy Mogck, Paula Behrendt), 9:02.84 |
| 1998 | Simon Fraser (B.C.) (Cari Rampersad, Desneige McLean, Carolyn Murray, Heather DeGeest), 9:09.36 |
| 1999 | California Baptist (Angela Evans, Heidi Joos, Shryere Nduwke, Loaritz Leonhardt), 9:10.94 |
| 2000 | Findlay (Ohio) (Andrea Jensen, Kati Stedcke, Andrea Morgan, Kelly Cothorn), 9:06.02 |
| 2001 | Oklahoma Baptist (Amber Staats, Corrie Jones, Sarah Phillips, Brandy Bratton), 9:07.07 |
| 2002 | Simon Fraser (B.C.) (Natasha Wodak, Luci McGregor, Carlene Daniel, Emilie Mondor), 9:08.22 |
| 2003 | Azusa Pacific (Calif.) (Laurie Ramirez, Marissa Reeber, Lisette Saucedo, Brianna Carstensen), 9:04.04 |
| 2004 | Simon Fraser (B.C.) (Natasha Wodak, Alexandra Krasovska, Rebecca Johnstone, Julie Howard), 8:50.85 |
| 2005 | Simon Fraser (B.C.) (Alexandra Krasovska, Kristen Kolstad, Rebecca Johnstone, Julie Howard), 8:43.99 |
| 2006 | Simon Fraser (B.C.) (Heather Mancell, Ali Hudson, Rebecca Johnstone, Julia Howard), 8:56.06 |
| 2007 | Olivet Nazarene (Ill.) (Cheri Hoffmann, Aulbrey Gailey, Carmin Green, Bethany McCoy), 8:55.13 |
| 2008 | Simon Fraser (B.C.) (Ali Hudson, Heather Mancell, Kristen Kolstad, Jessica Smith), 8:50.36 |
| 2009 | Simon Fraser (B.C.) (Ali Hudson, Heather Mancell, Helen Crofts, Jessica Smith), 8:57.15 |

LONG JUMP

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| 1981 | Cornelia Jackson, Jackson State (Miss.), 5.96 (19-6 ¾) |
| 1982 | Yvonne Taylor, Southern Colorado, 5.85 (19-2 ¼) |
| 1983 | Lori Risenhoover, Adams State (Colo.), 6.18 (20-3 ¼) |
| 1984 | Deirdre Jackson, Prairie View A&M (Texas), 6.07 (19-11) |
| 1985 | Michelle Neal, Prairie View A&M (Texas), 6.04 (19-9 ¾) |
| 1986 | Comfort Igeh, Wayland Baptist (Texas), 6.43 (21-1 ¼) |
| 1987 | Comfort Igeh, Wayland Baptist (Texas), 6.29 (20-7 ¾) |
| 1988 | Comfort Igeh, Wayland Baptist (Texas), 6.29 (20-7 ¾) |
| 1989 | Gina Rhodes, Western State (Colo.), 6.11 (20-0 ½) |
| 1990 | Raquel Andrews, Prairie View A&M (Texas), 6.49 (21-3 ¾) |
| 1991 | Carolin Sterling, Central State (Ohio), 6.30 (20-8) |
| 1992 | Carolin Sterling, Central State (Ohio), 6.29 (20-7 ¾) |
| 1993 | Carolin Sterling, Central State (Ohio), 6.23 (20-5 ¼) |
| 1994 | Christine Gray, Prairie View A&M (Texas), 5.94 (19-5 ¾) w |
| 1995 | Chanteau White, Central State (Ohio), 6.08 (19-11 ½) w |
| 1996 | Rowena Welford, Wayland Baptist (Texas), 6.13 (20-1 ½) |
| 1997 | Jamey Mulske, Mary (N.D.), 5.76 (18-10 ¾) |
| 1998 | Jamey Mulske, Mary (N.D.), 6.08 (19-11 ½) |
| 1999 | Sharen Fidge, Hastings (Neb.), 5.95 (19-6 ¼) |
| 2000 | Meosha Hubbard, Life (Ga.), 6.17 (20-03) |
| 2001 | Melocia Clarke, Central State (Ohio), 5.95 (19-6 ¼) w |
| 2002 | Melocia Clarke, Central State (Ohio), 5.90 (19-4 ¼) |
| 2003 | Melanie Lachapelle, British Columbia, 5.88 (19-03 ½) |
| 2004 | Kelley Park, Windsor (Ontario), 5.89 (19-04) |
| 2005 | Ruky Abdulai, Simon Fraser (B.C.), 6.28 (20-01 ¼) |
| 2006 | Ruky Abdulai, Simon Fraser (B.C.), 6.79 (22-03 ½) w |
| 2007 | Ruky Abdulai, Simon Fraser (B.C.), 6.70 (21-11 ¾) |
| 2008 | Ruky Abdulai, Simon Fraser (B.C.), 6.51 (21-04 ¾) |
| 2009 | Francine Simpson, Lindenwood (Mo.), 6.14 (20-01 ¾) |

(w) – denotes time/score was wind-aided

HIGH JUMP

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| 1981 | Sybil Reddick, Texas Southern, 1.79 (5-10 ½) |
| 1982 | Lori Shepard, Taylor (Ind.), 1.675 (5-6) |
| 1983 | Mechele Hebbard, Southern Utah, 1.73 (5-8 ¼) |
| 1984 | Kristy Dees, Western Washington, 1.73 (5-8) |
| 1985 | Michelle Tuggle, Berry (Ga.), 1.70 (5-7) |
| 1986 | Denise Bruce, Pacific Lutheran (Wash.), 1.75 (5-9) |
| 1987 | Denise Bruce, Pacific Lutheran (Wash.), 1.74 (5-8 ¾) |
| 1988 | Kelly Cox, Missouri Baptist, 1.80 (5-10 ¾) |
| 1989 | Latrese Johnson, Azusa Pacific (Calif.), 1.84 (6-0 ½) |
| 1990 | Latrese Johnson, Azusa Pacific (Calif.), 1.84 (6-0 ½) |
| 1991 | Latrese Johnson, Azusa Pacific (Calif.), 1.89 (6-2 ¼) |
| 1992 | Michelle Holtman, Doane (Neb.), 1.75 (5-8 ¾) |
| 1993 | Corinna Wolf, Simon Fraser (B.C.), 1.80 (5-10 ¾) |
| 1994 | Corinna Wolf, Simon Fraser (B.C.), 1.80 (5-10 ¾) |
| 1995 | Corinna Wolf, Simon Fraser (B.C.), 1.80 (5-10 ¾) |
| 1996 | Nancy Rissmiller, George Fox (Ore.), 1.77 (5-9 ¾) |
| 1997 | Nancy Rissmiller, George Fox (Ore.), 1.70 (5-7) |
| 1998 | Mandy Schroeder, Mary (N.D.), 1.70 (5-7) |
| 1999 | Kellie Leeuw, Aquinas (Mich.), 1.70 (5-7) |
| 2000 | Beth Baldrige, Findlay (Ohio), 1.70 (5-7) |
| 2001 | Nichole McClain, Life (Ga.), 1.78 (5-10) |
| 2002 | Amber Nixon, Westmont (Calif.), 1.73 (5-8) |
| 2003 | Amber Nixon, Westmont (Calif.) 1.76 (5-9 ¼) |
| 2004 | Rebekah Perdue, Indiana Wesleyan 1.70 (5-7) |
| 2005 | Heike Siener, Point Loma Nazarene (Calif.) 1.78 (5-10) |
| 2006 | Ruky Abdulai, Simon Fraser (B.C.), 1.79 (5-10 ½) |
| 2007 | Ruky Abdulai, Simon Fraser (B.C.), 1.85 (6-0 ¾) |

2008 Ruky Abdulai, Simon Fraser (B.C.), 1.75 (5-8 ¾)
2009 Natasha Miller, Biola (Calif.), 1.80 (5-10 ¾)

SHOT PUT

1981 Karen Waddell, Prairie View A&M (Texas), 14.18 (46-6 ¼)
1982 Karen Waddell, Prairie View A&M (Texas), 14.36 (47-1 ½)
1983 Karen Waddell, Prairie View A&M (Texas), 15.0 (49-2 ½)
1984 Beth Stuart, Kearney State (Neb.), 13.90 (45-7 ¼)
1985 Sharon Harrison, Prairie View A&M (Texas), 14.55 (47-9)
1986 Sharon Harrison, Prairie View A&M (Texas), 15.34 (50-4)
1987 Beth Stuart, Kearney State (Neb.), 14.47 (47-5 ¾)
1988 Nicole Munroe, Fresno Pacific (Calif.), 13.77 (45-2 ¼)
1989 Kathy Gottberg, Concordia (Neb.), 13.96 (45-9 ¾)
1990 Carrie Pietig, Willamette (Ore.), 14.93 (48-11 ¾)
1991 Cecilia Gunn, Emporia State (Kan.), 14.03 (46-0 ½)
1992 Cecilia Gunn, Emporia State (Kan.), 14.54 (47-8 ½)
1993 Kim Hayes, Doane (Neb.), 14.84, (48-8 ¼)
1994 Heather Rhoadarmer, Doane (Neb.), 14.72 (48-3 ½)
1995 Heather Rhoadarmer, Doane (Neb.), 14.52 (47-7 ¾)
1996 Dagmar Flynt, Azusa Pacific (Calif.), 14.86 (48-9)
1997 Michelle Haage, Wayland Baptist (Texas), 14.84 (48-8 ¼)
1998 Donelle Carter, Minot State (N.D.), 14.99 (49-2)
1999 Donelle Carter, Minot State (N.D.), 15.60 (51-2 ¼)
2000 April Kockrow, Doane (Neb.), 14.35 (47-1)
2001 Tanya Thomas, McKendree (Ill.), 14.54 (47-8 ½)
2002 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.17 (59-7 ½)
2003 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.87 (58-7 ½)
2004 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.75 (58-3)
2005 Shernelle Nicholls, Missouri Baptist, 14.92 (48-11 ½)
2006 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.17 (59-7 ½)
2007 Dia Mathews, Fresno Pacific (Calif.), 14.60 (47-11)
2008 Aubrey Baxter, Black Hills State (S.D.), 15.56 (51-0 ¾)
2009 Jessica Becker, Bethany (Kan.), 15.70 (51-6 ¼)

DISCUS

1981 Pam Schmidt, Midland Lutheran (Neb.), 43.94 (144-2)
1982 Lynette Antoine, St. Augustine's (N.C.), 46.20 (151-1)
1983 Carol Woodside, Hampton (Va.), 46.08 (151-1)
1984 Carol Woodside, Hampton (Va.), 44.76 (146-10)
1985 Beth Stuart, Kearney State (Neb.), 46.08 (151-2)
1986 Beth Stuart, Kearney State (Neb.), 49.12 (161-2)
1987 Beth Stuart, Kearney State (Neb.), 50.74 (166-6)
1988 Lisa Farris, Emporia State (Kan.), 44.56 (146-2)
1989 Lisa Farris, Emporia State (Kan.), 44.30 (145-4)
1990 Carrie Pietig, Willamette (Ore.), 51.00 (167-4)
1991 Carrie Pietig, Willamette (Ore.), 49.80 (163-5)
1992 Wendy Cordeiro, Pacific Lutheran (Wash.), 44.92 (147-4)
1993 Debbie Malachowski, Azusa Pacific (Calif.), 49.28 (161-8)
1994 Kim Hayes, Doane (Neb.), 48.36 (158-8)
1995 Wendy Cordeiro, Pacific Lutheran (Wash.), 46.00 (150-11)
1996 Dagmar Flynt, Azusa Pacific (Calif.), 53.06 (174-1)
1997 Dagmar Flynt, Azusa Pacific (Calif.), 48.58 (159-4)
1998 Stephanie Schilke, Concordia (Neb.), 50.57 (165-11)
1999 Donelle Carter, Minot State (N.D.), 48.00 (157-6)
2000 Gretchen Newell, Indiana Wesleyan, 44.48 (145-11)
2001 Amanda Anderson, Dickinson State (N.D.), 46.46 (152-5)
2002 Amanda Anderson, Dickinson State (N.D.), 44.73 (146-9)
2003 Vivian Chukwuemeka, Azusa Pacific (Calif.), 56.92 (186-9)
2004 Vivian Chukwuemeka, Azusa Pacific (Calif.), 50.98 (167-3)
2005 Barbara Sugar, Azusa Pacific (Calif.), 49.19 (161-5)
2006 Vivian Chukwuemeka, Azusa Pacific (Calif.), 53.37 (175-1)
2007 Annie Hess, Concordia (Ore.), 51.53 (169-1)
2008 Annie Hess, Concordia (Ore.), 58.69 (192-7)
2009 Annie Hess, Concordia (Ore.), 53.82 (176-7)

JAVELIN

1981 Michael McCandless, Simon Fraser (B.C.), 44.88 (147-3)
1982 Carol Woodside, Hampton (Va.), 44.38 (145-7)
1983 Maria Haley, Wayland Baptist (Texas), 50.00 (164-0)
1984 Joan Williamson, Western Washington, 50.76 (166-6)
1985 Karen Murray, Simon Fraser (B.C.), 51.04 (167-5)
1986 Carol Wester, Pacific Lutheran (Wash.), 51.26 (168-2)
1987 Barb Lashinski, Whitworth (Wash.), 51.68 (169-7)
1988 Patricia Perry, Puget Sound (Wash.), 49.94 (163-10)

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|------|---|
| 1989 | Kris Ettner, Southern Oregon, 46.96 (154-1) |
| 1990 | Cathy Carlson, Dickinson State (N.D.), 47.68 (156-5) |
| 1991 | Debbie Malachowski, Azusa Pacific (Calif.), 46.56 (152-9) |
| 1992 | Margaret Frantz, Willamette (Ore.), 48.66 (159-8) |
| 1993 | Debbie Malachowski, Azusa Pacific (Calif.), 45.32 (148-8) |
| 1994 | Mary Karol Raymond, Doane (Neb.), 45.78 (150-2) |
| 1995 | Trina Gumm, Whitworth (Wash.), 43.76 (143-7) |
| 1996 | Becci Harper, George Fox (Ore.), 47.82 (156-11) |
| 1997 | Becci Harper, George Fox (Ore.), 44.40 (145-8) |
| 1998 | Nicky Emblem, Phillips (Okla.), 50.75 (166-6) |
| 1999 | Sarah Roberts, Azusa Pacific (Calif.), 45.81 (150-3) |
| 2000 | Nicole Stehlik, Doane (Neb.), 44.16 (144-10) |
| 2001 | Nichole Stehlik, Doane (Neb.), 43.64 (143-2) |
| 2002 | Vanessa Wilhelm, Azusa Pacific (Calif.), 45.80 (150-3) |
| 2003 | Vanessa Wilhelm, Azusa Pacific (Calif.), 43.89 (144) |
| 2004 | Renee Eckley, Azusa Pacific (Calif.), 45.47 (149-2) |
| 2005 | LeeAnn Pekovitch, Minot State (N.D.), 49.87 (163-7) |
| 2006 | Lauren Sexton, Concordia (Ore.) 47.94 (157-3) |
| 2007 | Liz Gleadle, British Columbia, 49.29 (161-8) |
| 2008 | Liz Gleadle, British Columbia, 50.53 (165-9) |
| 2009 | Liz Gleadle, British Columbia, 54.31 (178-2) |

TRIPLE JUMP

| | |
|------|---|
| 1986 | Denise Williams, Wayland Baptist (Texas), 12.06 (39-6 ¾) |
| 1987 | Michelle Neal, Prairie View A&M (Texas), 12.57 (41-3) |
| 1988 | Kimolyn Vanzant, Prairie View A&M (Texas), 12.33 (40-5 ½) |
| 1989 | Sandra Stepney, Missouri Baptist, 12.27 (40-3 ¼) |
| 1990 | Gina Rhodes, Western State (Colo.), 12.75 (41-10) |
| 1991 | Gina Rhodes, Western State (Colo.), 12.23 (40-1 ½) |
| 1992 | Stephanie Sherman, Cedarville (Ohio), 12.20 (40-0 ½) |
| 1993 | Christine Gray, Prairie View A&M (Texas), 12.93 (42-5 ¼) |
| 1994 | Christine Gray, Prairie View A&M (Texas), 12.90 (42-4) w |
| 1995 | Stephanie Sherman, Cedarville (Ohio), 12.80 (42-0) w |
| 1996 | Yvette French, Prairie View A&M (Texas), 12.99 (42-7 ½) |
| 1997 | Yvette French, Prairie View A&M (Texas), 13.30 (43-7 ¾) |
| 1998 | Sharen Fidge, Hastings (Neb.), 12.32 (40-5) |
| 1999 | Sharen Fidge, Hastings (Neb.), 12.35 (40-6 ¼) |
| 2000 | Meosha Hubbard, Life (Ga.), 12.62 (41-5) |
| 2001 | Rose Gaubier, Life (Ga.), 11.96 (39-3) w |
| 2002 | Rose Gaubier, Life (Ga.), 12.28 (43-3 ½) |
| 2003 | Rochelle Schmidt, Doane (Neb.), 12.22 (40-1 ¼) |
| 2004 | Petra Earls, MidAmerica Nazarene (Kan.), 12.29 (40-4) |
| 2005 | Ruky Abdulai, Simon Fraser (B.C.), 12.70 (41-8) |
| 2006 | Seidre Forde, Missouri Baptist, 12.96 (42-6 ¼) |
| 2007 | Sarah Ensslen, Cedarville (Ohio), 12.80 (42-0) |
| 2008 | Ruky Abdulai, Simon Fraser (B.C.), 12.98 (42-7) |
| 2009 | Cecilia Mboua, Lindenwood (Mo.), 12.59 (41-3 ¾) |

(w) – denotes time/score was wind-aided

HAMMER THROW

| | |
|------|--|
| 1996 | Becky Franzleubbers, Doane (Neb.), 47.14 (154-8) |
| 1997 | Corie Krueger, Pacific Lutheran (Wash.), 52.30 (171-7) |
| 1998 | Becky Dale, Wayland Baptist (Texas), 52.72 (172-11) |
| 1999 | Candace Ekhoﬀ, Western Oregon, 49.40 (162-1) |
| 2000 | Wykeisha Thompson, Wayland Baptist (Texas), 50.98 (167-03) |
| 2001 | Sarah Roberts, Azusa Pacific (Calif.), 51.56 (169-2) |
| 2002 | Jennifer Padrinao, Simon Fraser (B.C.), 53.29 (174-10) |
| 2003 | Jennifer Padrinao, Simon Fraser (B.C.), 55.68 (182-8) |
| 2004 | Jennifer Padrinao, Simon Fraser (B.C.), 55.62 (182-06) |
| 2005 | Barbara Sugar, Azusa Pacific (Calif.), 53.79 (176-06) |
| 2006 | Vivian Chukwuemeka, Azusa Pacific (Calif.), 60.00 (196-10) |
| 2007 | Karley Kalinich, Fresno Pacific (Calif.), 57.82 (189-08) |
| 2008 | Aubrey Baxter, Black Hills State (S.D.), 60.57 (198-09) |
| 2009 | Aubrey Baxter, Black Hills State (S.D.), 61.48 (201-08) |

POLE VAULT

| | |
|------|---|
| 1997 | Karen Bureker, Lewis & Clark (Ore.), 3.50 (11-5 ¾) |
| 1998 | Amy Wells, Puget Sound (Wash.), 3.55 (11-7-¾) |
| 1999 | Lesia Kubishta, Point Loma Nazarene (Calif.), 3.85 (12-7 1/2) |
| 2000 | Lesia Kubishta, Point Loma Nazarene (Calif.), 4.16 (13-07) |
| 2001 | Krystal Laughlin, Huston-Tillotson (Texas), 3.80 (12-5 1/2) |
| 2002 | Allison Knode, Westmont (Calif.), 3.65 (11-11 ¾) |
| 2003 | Stephanie Beberniss, Concordia (Neb.), 3.65 (11-11 ¾) |
| 2004 | Renee Evans, Roberts Wesleyan (N.Y.), 3.92 (12-10 1/4) |

2005 Amanda Haines, Siena Heights (Mich.), 3.95 (12-11 1/2)
2006 Jessie Gallaher, Concordia (Ore.), 3.90 (12-09 ½)
2007 Kelsey Aide, Dickinson State (N.D.), 3.90 (12-09 ½)
2008 Meagan Bauer, Doane (Neb.), 3.60 (11-09 ¾)
2009 Kelsey Aide, Dickinson State (N.D.) (3.95 (12-11 ½)

HEPTATHLON

1983 Kari Kramme, Midland Lutheran (Neb.), 4782
1984 Jennifer Schwartz, Azusa Pacific (Calif.), 4981
1985 Jennifer Schwartz, Azusa Pacific (Calif.), 4715
1986 Edith Renfro, Prairie View A&M (Texas), 4870
1987 Edith Renfro, Prairie View A&M (Texas), 5162
1988 Melanie Byrne, Southern Oregon, 4812
1989 Melanie Byrne, Southern Oregon, 5132
1990 Wendi Simmons, Graceland (Iowa), 5312
1991 Kim Vanderhoek, Simon Fraser (B.C.), 5553
1992 Kim Vanderhoek, Simon Fraser (B.C.), 5626
1993 Kim Vanderhoek, Simon Fraser (B.C.), 5513
1994 Carmen Gage, Azusa Pacific (Calif.), 5039
1995 Jill Carrier, Southern Oregon, 5108
1996 Jamey Mulske, Mary (N.D.), 4809
1997 Jamey Mulske, Mary (N.D.), 4944
1998 Jamey Mulske, Mary (N.D.), 4874
1999 Neisha Thompson, McKendree (Ill.), 5014
2000 Neisha Thompson, McKendree (Ill.), 4963
2001 Beth Stroud, Windsor (Ontario), 4944
2002 Annie Goodson, Mary (N.D.), 4969
2003 Annette Ekberg, Hastings (Neb.), 4672
2004 Annette Ekberg, Hastings (Neb.), 4787
2005 Annette Ekberg, Hastings (Neb.), 5047
2006 Nadina Marsh, Missouri Baptist, 5268
2007 Katie Kosmos, Doane (Neb.), 5061
2008 Zora Golcevska, Azusa Pacific (Calif.), 4857
2009 Natasha Miller, Biola (Calif.), 5204